

Welcome

to the latest training, events and opportunities from tsiMORAY

If you would like information about training, or have an event you're hosting or opportunity within your organisation to be included in a future issue, please e-mail laurag@tsimoray.org.uk It would be great if you could send any text in a word file.

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TRAINING

Upcoming tsiMORAY Training Courses in February 2017

Course: Roles & Responsibilities of a Trustee

Where: The Inkwell, Francis Place, Elgin

When: 9th February, 10am-12pm Trainer: Angela Norrie, tsiMORAY Book: info@tsimoray.org.uk

Enhancing your board of trustees and the service you deliver Your group of trustees within an organisation are one of the most important parts of that organisation. It is a role though that comes with very serious responsibilities, some of which are legal duties. This session will help you to understand the legal duties and responsibilities of a trustee and to explore your questions or queries around that.

Course: Supporting & Supervising Volunteers

Where: The Inkwell, Francis Place, Elgin When: 16th February, 9.30am-12.30pm

Trainer: Susan Davies, tsiMORAY

Book: info@tsimoray.org.uk

"Enable volunteers to make their full contribution to the organisations goals whilst developing their own skills and interests". This course will enable managers to identify good practice tools to effectively support and supervise volunteers, tailoring activities and practices to best support a placement. Exploring the need and involvement of volunteers with your overall plans and strategies and to ensure you get the most from both. Examples of good practice tools provided and case study activities to work through the protocols, looking at everything from recruitment to induction, to dismissal and exit interviews.

Course Outcomes:

- An awareness of how effective support and supervision strategies can enhance the volunteering experience for individuals.
- Knowledge of good practice in supporting and supervising volunteers.

Other Training in February

SCVO have organised a free data protection event

SCVO have organised a free data protection event in Inverness in February. The

free and interactive session is for anyone who wants to gain a basic understanding of data protection and how it applies to their organisation. It will cover the basic concepts of data protection, offering a guide to help you and your organisation comply with the obligations of the legislation. A senior policy officer from the Information Commissioner's Office in Scotland is the main speaker. You'll be able to ask questions in a friendly and informal setting, and learn from the experience of others.

It's great for us to have a top speaker from the Information Commissioners Office up North so I'd like to make sure that Highland organisations get the chance to make the most of the opportunity (the events in Edinburgh and Glasgow have sold out). There are some places still available so I'd be grateful if you could promote the event around your networks.

De-mystifying Data Protection – Inverness event

02 February 2017 13:00 to 16:00

http://www.scvo.org.uk/events/de-mystifying-data-protection/

Earthtime Evaluating Outdoor Learning

In conjunction with teaching professionals we have put together some ideas for techniques to evaluate learning taking place in the outdoors and during free play. We will include ideas about suitable learning intensions, self-evaluation and observations as well as have some fun and discussion while trying out a natural craft.

Date: Monday 20th February

Time: 3.30 pm - 5.30 pm

Venue: Duffus Estate. Meeting at Duffus Village Hall, Duffus

Price: £20

Earthtime training courses are informal, welcoming, informative and fun! We have established this programme through working with numerous teachers, nursery practitioners, group leaders and parents/carers over the last six years and welcome is everyone!

All our courses are £20 per person, bookable through our website and for more

information please email enquiries@earthtime.co.uk. You will require suitable outdoor clothing.

Cullen Fire Station CPR classes

There is still an opportunity for you all to get involved in this free class run entirely by the Cullen Fire Station crew who are qualified in CPR. These classes will run at the evenings on weekdays, except Monday. If you would like to know more, please get in touch with us on enquiries@cullenseaschool.co.uk

Wild Things - Introduction to Outdoor Learning for Teachers

Introduction to Outdoor Learning for Teachers. Join us for a day exploring the basics of delivering learning activities outside of the classroom. Participants will learn how to use different resources and approaches for creating and delivering safe outdoor learning lessons.

This course is for educators who wants to learn more about managing and leading outdoor learning sessions with their pupils. This course is designed to provide teachers, teaching assistants, and nursery practitioners with a framework, resource guide and activities relevant for delivering quality learning opportunities outside the classroom.

We will explore how to use the outdoors as a learning environment in a number of ways. This is a practical, hands on course that will fill you with great ideas, and will help build confidence in taking classes outdoors. No previous experience of delivering outdoor education is required. All you need to bring is your enthusiasm and a willingness to discover new skills!

The course runs **February 15, 2017** from 9:00am until 3:00pm.

Our Introduction to Outdoor Learning for Teachers is only £35 per person for this one-day training course. The course fee includes tuition, learning resources, and all necessary equipment and materials. This fee does not include accommodation or any meals. We can supply a list of nearby accommodation for each venue if required.

Complete the <u>online booking form</u> and make payment to confirm your place.

Please feel free to <u>Contact Us</u> for additional information, or if you wish to pay a deposit to secure your booking.

Child protection for all: an introduction and refresher

Wednesday, 8 February 2017 - Children in Scotland, Edinburgh
Even the most experienced among us will benefit from learning about updated
legislation and new practice. This workshop provides an overview of what child
protection is, what your individual and organisation's roles and responsibilities are,
and what steps to take should you feel a child requires your support.

Key Learning:

What is 'child protection'?

- Use the terms 'child abuse', 'harm' and 'significant harm' appropriately
- Identify the indicators of risk
- Recognise what to do if certain situations present themselves
- Signpost others and yourself to where to turn for more information.

Information and booking can be found here

An Introduction to Wellbeing

As some of you will be aware, the National Third Sector GIRFEC Project developed a resource in partnership with other Third Sector organisations called, 'An Introduction to Wellbeing'. This takes the format of a game and its purpose is to support organisations and individuals to:

- Understand how their work contributes to children and young people's wellbeing
- Explain to others how they support children and young people's wellbeing
- Plan to improve how they support children and young people's wellbeing
- Know where to go for further information

If you are interested in learning how to use this resource, particularly if you are in a position to share this with others either by facilitating workshops or directly supporting other organisations to use it, you are invited to participate in one of the following Training for Trainers sessions.

Friday 24th February 2017

10.00 - 12.30

Barnardo's Scotland, 111 Oxgangs Road North, Edinburgh, EH14 1ED

Friday 24th February 2017

14.00 - 16.30

Barnardo's Scotland, 111 Oxgangs Road North, Edinburgh, EH14 1ED

Wednesday 8th March 2017

10.00 - 12.30

Barnardo's Scotland, Building 10000, Academy Park, Gower Street, Glasgow, G51 1PR

Wednesday 8th March 2017

14.00 - 16.30

Barnardo's Scotland, Building 10000, Academy Park, Gower Street, Glasgow, G51 1PR

The training session will be facilitated by Alison Gunn (Practice Development Coordinator, Barnardo's Scotland), who led the development of the resource.

Places are FREE but limited, so please email your booking to <u>Ailsa Sharkey</u>, stating your session preference, by **Thursday 16th February**

EVENTS

Seminar Series @AGBCentre presents Dr Jamie Hogg, Realistic Medicine in the Digital Age

Dr Jamie Hogg, Clinical Director of Health Fit Digital and Clinical Lead for Modernisation, NHS Grampian will be hosting his FREE seminar on Realistic Medicine in the Digital Age on **Wednesday 1st February 2017**.

The Chief Medical Officer for Scotland, Dr Catherine Calderwood has published her first report titled Realistic Medicine which has been widely supported throughout NHS Grampian. The paper focuses on shared decision making with patients with an aspiration not to over treat illness and to place more emphasis on self-management and prevention. Dr Hogg will talk through some of the practical digital applications that are being used, as well as how the future might look for people in the north of Scotland as new technologies

become available. He will also explore the implications for skills development in digital health for young people training in Moray. Click here to find out more about the event or to read Bio.

Click here to register for this FREE seminar.

On the day

5.00pm - 5.45pm: Canapes and networking in Cafe Area

5.45pm - 6.30pm: Speaker in Lecture Theatre

6.30pm - 7.15pm: Q&A

Please contact <u>jacqui.taylor.moray@uhi.ac.uk</u> if you would like to VC into this seminar.

Relationships, Sexual Health and Parenthood Education For staff working with Primary aged children

Date:Tuesday 21st February 2017

Time:10.00am - 4.00pm

Venue: AGBC 212, Alexander Graham Bell Centre, Moray College UHI, Elgin

For further information about the course please contact <u>SusanThom</u> or <u>Jackie Williams</u>

Just a reminder that this training is free and there is limited availability. If you are unable to attend please let us know as soon as you can to enable someone else to take your place. To make your booking, please contact: nhsq.publichealthlearning@nhs.net or telephone 01224 558510.

Active Communities Get Active Lossiemouth 2016-2018

Get Active Lossiemouth is a brand new opportunity for you to try outdoor adventure activities with your friends and neighbours.

Drop in session Thursday 16th February 2017, **Lossie Community Centre 6-8pm**

If you're interested in getting out and trying something new and live in one of the following postcodes, contact:

<u>Graeme Morrison</u>, Tel: 01343 549571 <u>www.outfitmoray.com</u>

IV31 6LR IV31 6NA IV31 6AQ IV31 6RS IV31 6LA IV31 6SW IV31 6LT IV31 6ND IV31 6RJ IV31 6RW IV31 6LB IV31 6TF

IV31 6LU	IV31 6NR	IV31 6RL	IV31 6SN	IV31 6LD	IV31 6TG
IV31 6LX	IV31 6NS	IV31 6RN	IV31 6JR	IV31 6LE	IV31 6LY
IV31 6NT	IV31 6RP	IV31 6JS	IV31 6SS	IV31 6LZ	IV31 6AH
IV31 6RQ	IV31 6JZ	IV31 6ST			

Moray Chamber Cash for Kids Event

Moray Chamber is hosting an event to raise funds for MFR Cash for Kids with the help of Anytime Fitness Elgin.

We have 9 spin bikes and need 9 brave teams to come together to cycle the distance from here to Elgin's twin town, Landshut and back; 2542 miles in total (or as close as we can get!)

This will take place 9am-5pm on **Friday 24th February** at the Old Railway Station on Maisondieu Road, Elgin.

Each team will be cycling 282 miles, so teams of 4 or more are recommended.

Once your bike is reserved, we will create an Everyday Hero page for you to share with your colleagues and friends to help your team raise money for Cash for Kids. As we only have 9 bikes, please be quick to register your interest with us. If you would like to join a composite team, please let us know.

If you're unable to take part, please still put the date in your diary to come along and support the teams. We'll also have a variety of stalls on the day promoting a healthy workplace. If you have a business which encourages/assists a healthy workplace or lifestyle, then please get in touch if you are interested in a stall to promote yourself on the day. Suggested donation of £30 per stall for Cash for Kids.

We will have great MFR coverage for all participants and what better way to continue your New Year Resolutions than to sign up for this fun charity cycle!

If you'd like to put a team forward, please email lmackay@moraychamber.co.uk or call 01343 543344. We hope to see you there.

Prevention, Poverty and Social Inclusion in Moray: Making the shift happen

The Prevention Working Group has prepared a development day to look in more depth at prevention, what it means and how it can be achieve. The event will take place at Moray College (UHI) on Friday 3 March 2017 and will be made up of contributions from local and national speakers and will be a mixture of key note inputs and workshops.

To reserve a space, please contact Andrea McArthur on andrea.mcarthur@moray.gov.uk as soon as possible and certainly no later than 5.00pm on **Friday 10 February 2017**. There will be a maximum of 120 spaces available.

Once delegates have signed up, we will be back in touch regarding the workshop choices.

Wild Things - Identifying Trees in Winter

Identifying Trees in Winter: A Winter Tree Walk. Join ethnobotanist, Jennie Martin, on a winter walk exploring the woodlands and learning how to identify trees at this glorious time of year. On this walk you will have the chance to identify some evergreen and deciduous trees by using cones, bark, leaves and buds. You will also learn about some of the ethnobotanical uses of the species we identify; their historical, cultural and medicinal uses.

This event will run **February 5**, **2017** from 10:00am until 3:00pm. Cost £25, complete the online booking form and make payment to confirm your place

CLAN open evening

CLAN is hosting an open evening on 9th February to provide further information about volunteering roles within the organisation.

The charity is looking for members to bolster its teams in Elgin, Buckie and

Lossiemouth to help with supporting fundraising events and drivers to transport patients for treatment.

Tracy Sellar, CLAN's Moray Area Coordinator, said: "Our volunteers have always been integral to the success of the charity as a whole and with the start of the New Year now passed, we are looking to add of our pool across the various areas that the charity operates within.

"In Elgin specifically, there are various openings for support, fundraising and driver volunteers and we are looking to speak to those interested in giving some of their spare time to get involved with CLAN in Moray."

The open evening will run from 4pm - 6pm on **Thursday**, **9th February** at CLAN's base at 227 High Street, Elgin. For further information contact Tracy on 01343 544132.

EMPLOYMENT OPPORTUNITIES

Moray Chamber of Commerce Events, Social Media and Admin Assistant

We have a vacancy for a dynamic person to join our busy team. The successful candidate will have strong communication skills, excellent customer service skills, knowledge/experience of running events, the ability to work to deadlines and have a driving license with use of a car.

Contract: 10 months - maternity cover (SECONDMENT CONSIDERED)

Closing Date: Friday 10th February 2017

As Events, Social Media & Admin Assistant your role would include, but is not limited to:

- To organize and run the event calendar for Moray Chamber of Commerce
- To organize and run the training calendar for members and non-members
- To attend meetings on behalf of Moray Chamber of Commerce including member meetings or partner meetings

- Market Moray Chamber news and events as appropriate via email, social media, website and print when required
- To deal with telephone calls & greet guests in a professional manner
- Working with the Moray Chamber team on any other tasks that may occur from time to time
- Working as part of a small team on tasks such as keeping the office looking clean and presentable, updating the customer database

Opportunity for secondment available / Start Date Approx. Mid March 2017

To apply, please forward your CV to Sarah Medcraf smedcraf@moraychamber.co.uk - Chief Executive Officer

Moray Chamber of Commerce, Suite 1, Elgin Business Centre, Maisondieu Road, Elgin, IV30 1QP

Wild Things - Head of Business Operations

Are you the super amazing person we are looking for to join our team as Head of Business Operations? If you think you have the skills we would love to hear from you. Or if you think you know someone else who does please forward them this email! There are only 2 weeks left to submit your application. CLOSING DATE: **3rd FEBRUARY**.

This is a FULL-TIME and PERMANENT position, though we will consider part-time applicants who can work 28hrs a week.

The postholder will work alongside the Executive Director in driving forward the mission and vision of Wild things! as a leading organisation in the field of environmental education, conservation and health and wellbeing in the outdoors as determined by the Board of Directors.

SALARY: £30,000 (commensurate with experience).

Please head to the <u>VACANCIES</u> page on our website to download the full job description and application form.

There are two exciting jobs working on the HLF funded Tomintoul & Glenlivet Landscape Partnership in the Cairngorms National Park

Communication & Interpretation Officer

Part time (30 hours/week); fixed term for 3.5 years Band C (£24,100 - £28,193, Pro Rata)

Tomintoul & Glenlivet Development Trust is looking to recruit a Communication & Interpretation Officer with specific responsibility for the successful delivery of the Tomintoul & Glenlivet Landscape Interpretation Strategy, liaising with contractors and leading on the delivery of specific sub projects including website, app, interpretive panels and other site based interpretation. The role will also include delivery of the communications strategy including newsletters, leaflets, website, use of social media, video and podcasts etc. for the TGLP scheme supporting other staff members and organisations where necessary.

For a job description or if you require any adjustments to be made to the application process due to disability please contact us on 01807 580358 or e-mail info@tgdt.org.uk. You can also find the job description on our website www.tgdt.org.uk. The closing date for applications is noon on **Friday 3rd February**.

Land Management Officer

Part time (30 hours/week); fixed term for 3.5 years Band D (£28,485 - £34,290, Pro Rata)

The Cairngorms National Park Authority is now looking for a Land Management Officer to have specific responsibility for the delivery of land based, natural heritage projects in the TGLP scheme and also support other staff members where necessary. Projects include undertaking field visits and working with farmers on habitat improvements, particularly for wading birds; water quality and riparian improvements; footpath projects and working with local volunteers on smaller scale conservation projects. Site visits to farms, rivers and other outdoor locations will be required.

For a job description and application pack, or if you require any adjustments to be made to the application process due to disability please contact us on 01479 873535 or e-mail recruitment@cairngorms.co.uk. You can also find the application

pack and job description on our website www.cairngorms.co.uk. The closing date for receipt of completed applications is noon on **Friday 3rd February**.

Both roles will be based in Tomintoul.

Forres Area Community Trust

Forres Area Community Trust is currently recruiting for two positions within the organisation.

Outreach Coordinator for Older Person's Project & Forres Online Tutor Personal Specifications and Application forms can be found here.

The deadline for both posts is **Monday 6th February 12pm**. Please call 01309 674388 or email info@forresarea.org for more information.

Moray Mental Health Link Workers

As part of the new Moray Mental Health and Wellbeing Centre, Community Renewal has been commissioned in partnership with Penumbra to employ six Mental Health Link Workers working across Moray. Community Renewal has a twelve year history of providing an enhanced level of coordination among agencies providing support to individuals and families with multiple and complex support needs. These posts will be strategically located across Moray.

Job description

The mental health link workers will work with people to identify positive wellbeing changes they might want to make in their lives and work closely with external agencies to co-ordinate a support plan to achieve their desired wellbeing goals. Other points of cooperation will include working with Penumbra Mental Health and Wellness Centre staff and GPs in the process of engagement and recruitment and to ensure appropriate support when clients require aftercare.

Skills and Experience required

Essential

A diploma in counselling or equivalent

At least 4 years experience of similar work in assessment/counselling/occupational

therapy and monitoring client progress

Experience of working with partner agencies

Experience of reporting and monitoring

Desirable

Experience in working with whole families

Experience of working with groups

Practical knowledge of a wide range of issues faced by people who experience mental health problems

A full clean UK driving licence and access to a car

The Detail

Job Title: Mental Health Link Workers Location: Moray

Salary: subject to negotiation depending on experience but is in the range of £23-

27,000 per annum

Contract: Fixed Term until March 2019, PT/FT hours available

Application notes:

Please download the Job Description and Application Pack.

Application is by sending a current CV including 2 referees (one being most recent employer) as well as a covering letter outlining your experience with evidence relevant to the job tasks outlined above, and completing the Equal Opportunities Monitoring Form (found in application pack). Please state your current salary. This should be emailed to Helen Barrie, Finance and HR Manager — helen.barrie@communityrenewal.org.uk by 12 noon 6 February 2017.

For any questions regarding the post contact Sheila Thomson on 07711424038

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You are receiving this email as you are linked to the third sector.

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