

## **Community Safety Partnership** Report

Issue 43 November 2020

## **Community Safety**

Community Safety is about protecting people's rights to live in confidence without fear for their own or other people's safety ensuring that people are safe from crime, disorder and danger and free from injury and harm and communities are socially cohesive and tolerant; are resilient and able to support individuals to take responsibility for their wellbeing

The Community Safety Partnership aims to improve community safety across Moray by identifying and addressing immediate concerns in order to protect the most vulnerable and at risk and be proactive to ensure that communities feel safe.

The CSP comprises of various Moray Council services, Police Scotland, Scottish Fire and Rescue Service, NHS Grampian, tsiMORAY and Registered Social Landlords

## POLICE STATION PUBLIC COUNTER OPENING HOURS

The following Police Stations have Public Counters and are open during the following hours.

BUCKIE 0700 - 1700 7 DAYS 0700 - MIDNIGHT 7 DAYS ELGIN

0915 - 1715 0915 - 1445 FORRES MONDAY TO THURSDAY

FRIDAY

**KEITH** 0815 - 1600 MONDAY TO FRIDAY

LOSSIEMOUTH 0900 - 1700 MONDAY TO FRIDAY 0900 - 1700 MONDAY TO FRIDAY ROTHES

**NOTE** – Stations may close for one hour at 12.30 daily or at short notice.

**Telephone** 101 – Non Emergency

999 - Emergency

www.scotland.police.uk Website:

Twitter: @policescotland

Facebook: facebook.com/police Scotland

Should you wish to remain anonymous you can always contact the registered charity

Crime stoppers on **0800 555 111** 

## OTHER USEFUL NUMBERS

Moray Council Help Desk: 0300 1234566 Community Safety Team Office: 01343 563134

Online ASB Reporting at <a href="https://www.moray.gov.uk/moray\_standard/page\_103264.html">www.moray.gov.uk/moray\_standard/page\_103264.html</a>



## **Chief Inspector for Moray Norman Stevenson**



It has been another busy period preventing and reacting to all manner of business in Moray.

Whilst the tragic events elsewhere in the Division of the train derailment may not affect us directly, it is a stark reminder for me as to how well Communities can work to support all aspects in the aftermath. Whilst I am grateful there has been nothing so serious in Moray, I offer my continued assurance to the Community and yourselves that the staff here in Moray will work collaboratively to prevent wherever possible, but when the worst does happen, we will work equally as hard to

respond and deal with whatever we are faced with.

We touched upon Suicide Prevention in our last Newsletter and I feel it is equally important to keep this in everyone's mind to ensure that we focus on people in their most vulnerable moment. I have every confidence that the recipients of this newsletter do, but it's important for us all to continue to share the information that will hopefully reach out to the right people.

In terms of other preventative work, I recently received a link in respect of scams that was several pages long, but very informative indeed and I share this with you below for your communities to have awareness on.

Trading Standards Scam Share newsletter

Sadly there are so many scams, but what hurts the most is that many innocent people are being deprived of their hard earned savings and the whole affair can have a detrimental effect on their mental health.

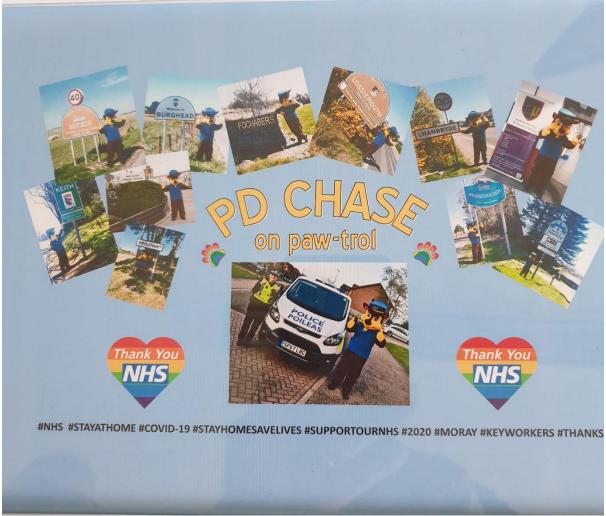
The online world continues to be complicated and again, I received information recently which I believe will help keep us all safe online. I accept that some of the information is aimed at those younger than I, but as an adult with family and/or friends who use any of these platforms, it is incumbent on us all to help spread the safety message, which is why I include the links here.

Parents Guide Instagram.pdf - 2,161.0 KB
Parents Guide WhatsApp.pdf - 1,464.4 KB
Parents Guide TikTok.pdf - 921.7 KB
Parents Guide Discord.pdf - 2,879.1 KB

If you wish to learn more about online dangers please click the following link, <a href="https://nationalonlinesafety.com/">https://nationalonlinesafety.com/</a>, to head to National Online Safety where you will find more guides and updates to help stay safe while online.

If you have received them already, then my sharing will only serve to enforce the need to take care online.

Finally, people in your Community will all have benefitted from PC Jamie Dey's efforts disguised as Police Dog 'Chase'.



He recently did a great piece of work with NHS staff that resulted in several framed images of his collaboration. The one that caught my eye highlights that in a lockdown world of MsTeams and Zoom, it is still really important to be visible.

Norman Stevenson Chief Inspector

## Moray East Community Council Report



This report covers progress we have made in dealing with your priorities for the Buckie and Keith Community Policing Team area during September 2020.

The report aims to highlight emerging issues in your area, and to provide crime prevention advice and guidance to Community Council members and residents you represent. Our focus is to reduce crime and disorder, help create safer communities and respond effectively to local concerns.

## **Antisocial behaviour, Violence and Disorder:**

## **BUCKIE**

During October 2020, 3 reports of assaults have been investigated. Of these, 2 have been detected with reports submitted to the Procurator Fiscal and the other dealt with through Youth Justice.

This month has seen an increase in reported vandalisms with 9 reported offences. Of these offence 8 occurred in Buckie and related variously to smashed windows or damage to motor vehicles. Two of the offence in Buckie have been detected and will be subject of a report to the Children's Reporter. The remaining vandalism occurred in Findochty whereby a motor vehicle was damaged.

#### **KEITH**

There have been no reported assaults in Keith during the month of October.

On 19 October 2020, a bench at Keith Town Station was vandalised and then stolen. Investigations have identified the 6 persons involved who will be charged with the offence.

Damage has also been reported at Kynoch Park which occurred in the lead up to a scheduled fixture between Buckie Thistle and Rothes FC. Investigations into this incident remain ongoing.

#### **ACQUISITIVE CRIME**

#### **BUCKIE**

Four crimes of dishonesty have been reported in Buckie. Three of these relate to theft by shopliftings and whilst they remain undetected at the time of this report, positive lines of enquiry into these are being pursued.

### **KEITH**

Two thefts have been reported in Keith during October. One relates to the theft of a skateboard and the other a theft by shoplifting.

#### **ROAD SAFETY & ROAD CRIME**

#### **BUCKIE**

One driver has been arrested and charged for driving whilst under the influence of alcohol.

In a separate incident in Buckie another driver was charged with driving without insurance and had their vehicle seized.

Three further driving offences have been investigated resulting the drivers of vehicles in each incident being reported for careless driving and associated motoring offences.

## **KEITH**

During October officers from the Keith Community Policing Team supported by Roads Policing colleagues have dealt with a number of offences in Keith. Two drivers have been arrested and charged for driving whilst under the influence, one in relation to alcohol and the other drugs.

Two motorists are being reported for careless driving due to the manner of their driving through Keith town centre. One of the drivers has been issued with an ASBO warning.

Out with Keith, officers are currently investigating a hit and run road accident on Main Street Newmill which occurred on 16 October. A positive line of enquiry is being pursued.

## **Community Engagement & Reassurance**

During October officers in Buckie working in partnership with Active Schools and Buckie Thistle Football Club ran street football events in Buckie. The sessions were heralded as a great success providing young people the opportunity to participate in sporting activity and engage with services. It is hoped that more regular events can be arranged moving forward to include Keith



Plain clothes Officers in Buckie have continued to carry out patrols at various schools following complaints of antisocial behaviour

A number of youths have been dealt with for antisocial behaviour and possession of controlled drugs

Patrols will continue over the coming weeks





Fri 9/10/20, with Active Schools in #Moray, we were involved in the Street Soccer initiative at the AstroTurf pitches at #Buckie.

Full details: ow.ly/g3bg50BQqp0

The initiative will be run over the next two Fridays at the same location #ballofduty #streetsoccer





Mike McKenzie Police Inspector Buckie and Keith Community Policing Team 29 October 2020

## Moray Central Community Council Report



This report covers progress we have made in dealing with your priorities for the Elgin Community Policing Team area during the period of September 2020.

The report aims to highlight emerging issues in your area, and to provide crime prevention advice and guidance to Community Council members and residents you represent. Our focus is to reduce crime and disorder, help create safer communities and respond effectively to local concerns.

## **Local Policing Priorities**

## Antisocial behaviour, Violence and Disorder:

There have been 4 vandalisms this month and I am pleased to report that this is slightly less when compared to the figures from last month. A 28-year-old male was charged with causing damage to property on Hay Street and enquiries are ongoing into damage which was caused at a business premises in Perimeter Spur. A property on Morriston Road had glue applied to a door lock and a window was broken at a property on South Guildry Street.

There were 7 common assaults this month and of these incidents 5 are detected and enquiries are ongoing into the undetected. This is a marked reduction in comparison to the 16 assaults I cited in last month's report. There was 1 serious assault which occurred on Pluscarden Place and a 32-year-old male, who was known to the victim, was arrested, charged and reported to the Procurator Fiscal.

In relation to drugs activity, a search warrant was executed in New Elgin and a 16-year-old male and 42-year-old female are being investigated for possession of Cocaine, MDMA and Cannabis. A 43-year-old male is being investigated for drug supply after being found in possession of various substances at Elgin Bus Station. A search warrant was executed and further substances found at his home address. Throughout the month my officers have also recovered quantities

of Cannabis from five males aged between 18yrs old to 56 yrs old and class C drugs from a 37-year-old male.



## **Acquisitive Crime:**

I am pleased to report that there have been no break-ins this month and that there have been a small amount of thefts across the town. Officers are investigating low value thefts from Bishopmill Hall and from a garage on Covesea Road. A mobile phone was stolen from an office on the High Street, an unattended mountain bike was stolen from the town centre and a bike was stolen from within the garden of a house on Pluscarden Road.

### **Road Safety & Road Crime:**

This month my officers apprehended 1 motorist who was driving while under the influence of alcohol. Driving without insurance resulted in action being taken against 6 motorists. A 27-year-old motorist was charged for Careless Driving on Borough Briggs Road and issued with an ASBO notice. There was 1 report of Dangerous Driving and one motorist who failed to stop when instructed to by Police.

Community Police Officer, PC Jamie Dey, was in attendance at New Elgin Primary School this month to help the Junior Road Safety Officers with their Road Safety campaign.

Officers from the Roads Policing Unit carried out #OpClosePass this month in Elgin. This is national initiative in which the aim is to educate road users into providing a safe passing distance to cyclists when overtaking. Most drivers were fully compliant with safe overtaking and exercised necessary levels of restraint and safety when passing. 5 motorists were given advice regarding close pass incidents.







## **Community Engagement & Reassurance:**



In the run up to 31 October, officers from Elgin Police Station organised a Halloween competition on the Pumpkin Trail Moray Facebook page. Over 100 entries were received and there were some excellent craft work on show which made choosing winners very difficult. Congratulations to those who received prizes courtesy of Asda, Elgin and thank you to everyone who took part!

Patrols have continued to be carried out to reassure communities following reports of anti-social behaviour from teenagers at various locations across the town. As a result officers engaged with over 40 youths, some of whom were escorted home and spoken to in front of their parents.

Andrew Wilson Inspector Elgin Community Policing Team 31 October 2020

# Moray West Community Council Report



This report covers progress we have made in dealing with your priorities for the Lossiemouth & Fochabers and Forres Community Policing Team areas during the period of September 2020.

The report aims to highlight emerging issues in your area, and to provide crime prevention advice and guidance to Community Council members and residents you represent. Our focus is to reduce crime and disorder, help create safer communities and respond effectively to local concerns.

## **Local Policing Priorities**

## **Antisocial behaviour, Violence and Disorder:**

## **Lossiemouth & Fochabers Area**

There have been 3 incidents of vandalism, 1 to a ceramic tile at the community garden in Burghead, 1 where a residential window was smashed and a vandalism where minor damage caused to a car, both occurring in Lossiemouth. Enquiries are ongoing in respect of these.

There was a further road rage type incident in Fochabers where a car sustained minor damage and a named male suspect is being sought in connection with this.

There was 1 report of males fighting in Lossiemouth and both will be reported to the Procurator Fiscal and a report of a juvenile assault. The youth responsible for this assault is being reported to our Youth Justice Management Unit.

There were 4 Domestic incidents reported over the period 2 of which occurred in Fochabers involving assaults and 2 in Lossiemouth involving threatening and abusive behaviour. 3 perpetrators have been charged and reported. 1 incident remains unreported, due to insufficient evidence.

A male has been reported for being in possession of Cannabis and a further male has been reported for producing a small number of cannabis plants.

A property in Lhanbryde was subject to a Drugs Search Warrant where a significant amount of suspected controlled drugs have been seized. A male will be reported for relevant offences in due course.

Other reports include threatening calls, for which a female will be reported to the Procurator Fiscal and a wilful fire being set to a shed at Burghead, enquiries are ongoing in relation to this.

## **Forres Area**

There have been 4 reports of vandalism within Forres over the reporting period, including damage to two windows at private residences and a vandalism to a car. A further incident occurred at Forres Police office where a male was acting in a threatening manner and then committed a vandalism. Enquiry is ongoing into these first 3 incidents and a male has been reported to the Procurator Fiscal in respect of the incident at the Police Office.

There was a further incident of anti-social behaviour at a private residence in Forres where foodstuffs were thrown at a window but no damage caused.

There were 2 separate low level sexual assaults reported in public places in Forres. Two males have been charged and the circumstances reported to the Procurator Fiscal. Two males were charged in relation to Breach of the Peace regarding an incident in Rothes.

There were 6 Domestic incidents reported in Forres, Kinloss, Rothes and Dufftown. The perpetrators have been reported accordingly.

A male was charged with various offences after making various threats to a member of the public and resisting arrest.

Other recorded crimes included a dog dangerously out of control, threatening behaviour and threatening calls. There have been 5 incidents of persons being charged in connection with possession of a controlled drug, including Cannabis, Cocaine and Heroin.

### **Acquisitive Crime:**

#### **Lossiemouth & Fochabers Area**

During the reporting period there was a report of monies stolen from a car wash and tyre pressure machine at Fochabers Filling Station. This is a repeat crime and a similar report was received in September 2020. Positive lines of enquiry are being pursued.

## Forres Area

During the reporting period a series of reports of entering buildings and stealing from within were reported at Findhorn Foundation. A male has been charged and reported in respect of these thefts.

A summerhouse was broken into and a drop tail from a trailer was stolen in Rothes. There were a further 2 thefts reported between associates, in Forres and Aberlour and counterfeit £50 notes were tendered for goods.

2 bicycles were stolen from a garden shed and an insecure car was stolen, both from Forres and enquiries continue to identify those responsible.

There have been 4 reports of Fraud by different means. These have variously involved texts and phone calls from persons purporting to be from banks and reputable companies and complainers being misled into providing personal banking information or transferring monies.

## Road Safety & road crime:

## **Lossiemouth & Fochabers Area**

During the reporting period there were 2 incidents reported in connection with failing to stop/report an accident, one occurred at Duffus and one at Lossiemouth for which enquiries are ongoing. A cyclist was also traced, heavily under the influence of alcohol, and reported for the relevant offence.

A male has been reported for driving in excess of 100 miles per hour at the Fochabers bypass.

## **Forres Area**

During the reporting period a male was charged with driving without insurance at Alves, a male was stopped drug driving and another male stopped drink driving, both offences within Forres, a male was reported for driving without an MOT in Craigellechie.

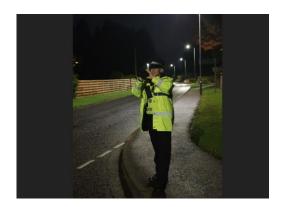
A male was charged in relation to using his mobile phone whilst driving in Forres and 3 speeding offences were detected at Alves and 3 at Forres Bypass.

Enquiry is continuing into a report of an incident of failing to stop/report an accident in Forres and a recent report of 2 males riding motor bikes at Bin Hill is being investigated.

## **Community Engagement & Reassurance**

In direct response to Community concerns this month we have carried out targeted patrols in relation to speeding offences and anti-social behaviour around hot spots in Forres. Feedback from the community has been positive, however, we will not become complacent and will continue our concerted efforts to deter those involved in these offences.





Recently, we have received reports of large numbers of youths gathering at Lossie Woods near to the Cemetery. We have undertaken patrols and engaged with a number of youths and discussed concerns around youth disorder, alcohol misuse and littering issues with them. We are linking in with our partners in the Forestry Commission and more joint patrols are being planned.

This reporting period has seen a number of Vishing fraud offences being reported to ourselves. This type of fraud involves members of the public (usually the elderly) being targeted by criminals claiming to be from their bank. The caller informs the victim of suspicious activity on their account and urges them to transfer money to a "safe" account. This crime type is becoming ever more prevalent and in response our local Community Officer will carrying out a leaflet drop to raise awareness in those areas where some of our more vulnerable residents reside.



This month we are running Operation Moonbeam, which takes a holistic approach to the seasonal antisocial behaviour sometimes experienced during Halloween and

Bonfire night and dedicated patrols will provide a flexible deployment capable of responding to operational calls.

We have worked in partnership with the Community Safety Partnership to deliver this Operation, who have led this coordinated response, which is built on previous successful operations.

The Operation will run between 31 October and 5 November.

Kind regards

Kerry Rigg

Inspector

Lossiemouth & Fochabers and Forres Community Policing Team

## **Suicide Prevention**

In 2018 in Scotland there were 784 deaths by suicide, the rate for male suicide was three times that for females. There were 77 suicides across the NHS Grampian board area in 2018, up from 63 in 2017. 59 of the 77 were men.

The below looks at how you can spot the signs, support the individual and what supports and services you can connect them with.

## Spotting the signs?

How might someone with thoughts of suicide present? What might we see, sense, hear or learn?



A common myth is that people will not talk about their thoughts of suicide but people can and do often talk about thoughts of suicide.

## Asking about suicide?

If you think someone is thinking about suicide you must ask the question. We know this can feel difficult or even scary but it is the best way to open up the conversation about suicide and must be asked.

## How to ask?

The question must be asked in a direct and neutral way.

Try to **avoid** leading questions, for example 'you're *not* thinking of....'

Try to **avoid** asking questions that may be seem to contain judgement, for example 'are you thinking of doing something *silly*'

(the reason for a person to think about suicide may seem trivial or even unimportant but to that person it is life or death)

Try to avoid questions that aren't clearly about suicide such as

- Have you thought about what happens when you die?
- Have you ever thought about dying?
- Have you ever thought about hurting yourself?

Try to **ask a neutral and closed question** where the answer can be either 'yes' or 'no' about them taking action to end their own life.

- Are you thinking about suicide?
- Are you thinking about killing yourself?
- Are you thinking about ending your life?

Asking someone who does not have thoughts of suicide about suicide **CANNOT** put the idea in their head. If you think someone may be thinking about suicide **ALWAYS** ask the question.

## Listening

Asking the question must never be asked in isolation and must be followed up. If they answer yes to your question about suicide, then it is important to give them time and space to share their story.

Listening feels like it should be easy but again we know it can be difficult, encouraging a person to talk about their thoughts of suicide is important and helpful.

There is no expectation for you to 'fix' whatever is happening for that person. It is important that we allow a person to talk about their feelings without judgement and direct them towards a suitable support.

## Things to remember

- Try not to make judgement regarding the reason someone may be feeling suicidal, try to focus on how they are feeling rather than the trigger or event that led to them feeling that way.
- Try not to react to behaviours shown when someone is feeling suicidal, try to remember it is again the feeling behind the behaviour that is important.

## **Helpful questions**

- Why do you think you are feeling this way?
- What makes you feel this way?
- How long have you been feeling this way?
- Who else have you told?
- What can we do to help you?
- What support do you think you need?

## Supports available

After we have heard the person's story, it is important that we connect them with someone who can further support or help them. This could be a friend, family member or a service. Given the unprecedented times we are currently living in, many services may be closed or may have changed the way they operate so it is important to have a basic knowledge of local support services and how to access them.

You are not alone in supporting an individual and there are many supports available, both locally and nationally. Whilst it is important to have a basic knowledge of these services, it can be impossible to remember them all. There is an App available that showcases many of them and we'd encourage you to download it. As well as helping with supports available it has information on suicide, myths and facts, tips on having the conversation and how to develop a safety plan.

Type 'Prevent Suicide' into your app provider and download the app now.



## **Other supports**

Although the above App contains a comprehensive list of services available, there may be others that you know of. We also suggest that you explore what supports (professional or personal) the individual currently has, has helped them in the past or who they feel would support them. We encourage engagement with a GP and GP practice. Every GP practice in Aberdeen City has a Community Link Practioner based within the practice. This service offers person centred wellbeing support to be delivered through a dedicated member of staff.

When linking an individual to a service, try to offer a 'warm hand off' where you introduce the person to the service and the service to them, this is likely to encourage more successful engagement compared to handing am individual a leaflet or number.

## Some safety tips

- If you feel an individual is at immediate risk of death or harm to themselves or someone else, phone 999.
- Even a successful intervention can feel stressful and emotional, make sure you debrief with a colleague or manager following any such conversation, the Samaritans also offer a debrief service.
- These times are testing for us all, look after yourself and ensure self-care every day.
- Be kind to yourself and others.