

# **Community Safety Partnership** Report

Issue 44 December 2020

# **Community Safety**

Community Safety is about protecting people's rights to live in confidence without fear for their own or other people's safety ensuring that people are safe from crime, disorder and danger and free from injury and harm and communities are socially cohesive and tolerant; are resilient and able to support individuals to take responsibility for their wellbeing

The Community Safety Partnership aims to improve community safety across Moray by identifying and addressing immediate concerns in order to protect the most vulnerable and at risk and be proactive to ensure that communities feel safe.

The CSP comprises of various Moray Council services, Police Scotland, Scottish Fire and Rescue Service, NHS Grampian, tsiMORAY and Registered Social Landlords

# POLICE STATION PUBLIC COUNTER OPENING HOURS

The following Police Stations have Public Counters and are open during the following hours.

BUCKIE 0700 - 1700 7 DAYS 0700 - MIDNIGHT 7 DAYS ELGIN

0915 - 1715 0915 - 1445 FORRES MONDAY TO THURSDAY

FRIDAY

**KEITH** 0815 - 1600 MONDAY TO FRIDAY

LOSSIEMOUTH 0900 - 1700 MONDAY TO FRIDAY 0900 - 1700 MONDAY TO FRIDAY ROTHES

**NOTE** – Stations may close for one hour at 12.30 daily or at short notice.

**Telephone** 101 – Non Emergency

999 - Emergency

www.scotland.police.uk Website:

Twitter: @policescotland

Facebook: facebook.com/police Scotland

Should you wish to remain anonymous you can always contact the registered charity

Crime stoppers on **0800 555 111** 

#### OTHER USEFUL NUMBERS

Moray Council Help Desk: 0300 1234566 Community Safety Team Office: 01343 563134

Online ASB Reporting at <a href="https://www.moray.gov.uk/moray\_standard/page\_103264.html">www.moray.gov.uk/moray\_standard/page\_103264.html</a>



## **Chief Inspector for Moray Norman Stevenson**



Looking back across November, Moray Officers along with Road Policing staff have been working jointly in and around the area, targeting Road Safety and Road Crime under the auspices of Operation CEDAR (Challenge, Educate, Detect and Reduce). I know through consultation and correspondence that this continues be a source of concern, but it is through that feedback that we have been able to target areas susceptible to speeders and those committing road traffic offences. We recently published returns from this work in the media that demonstrate to me the need to continue this proactive work going forward. It benefits my staff locally to be working closely with specialist Road Policing Officers, but it

does take focus and dedication to bring it all together and I am grateful to Sergeant Andy Meikleham, Roads Policing in Elgin for supporting my aims to address local needs in this regard. Rest assured that we have seamlessly moved into the national Winter Safe Drive campaign in the lead up to Christmas with our colleagues and partners and that I will continue this focus into 2021.

For the small number of more serious crimes that have occurred in the Moray area, I would wish to offer that these have been brought to a very positive conclusion with the person(s) responsible being identified and traced very quickly thanks to the good work of investigating staff who were supported by resources from around the Division. During these investigations, I was grateful to the communities who worked with us to uncover the evidence and more importantly restore safety. I do recognise though that the impact on those directly involved may take longer to address and I will continue to work hard to prevent these relatively unusual crimes occurring.



In order to support people in need, staff in Moray were delighted to be able to work with Moray Food Plus and set up collection points in our offices. We have also joined forces to put a system in place to make these supplies easier to access at key times over the festive period and generally contribute to Moray Food Plus' aims of continual support. We are a very small part, but we are working hard to help as a 24 hour a day, 365 days a year organisation.

PC Lisa Warren (pictured) has been key to this work locally in Moray and is also developing support from AbilityNet (<a href="www.abilitynet.org.uk">www.abilitynet.org.uk</a>) who offer home visits to persons from local volunteers to discuss internet security, online safety advice and ensuring persons have up to date virus, malware and computer software. They offer help setting up new technology and lessons on how to use it, they can fix general computing issues and are able to assist with setting up accessibility.

There are so many organisations and people out there to support people in need, but as Cyber offences continue to be an emerging threat in all manner of ways, it is really important that we look for ways to protect people from becoming vulnerable online or over the telephone.

Looking forward into December is a time for joy and celebration, but with that comes many areas of work for us in terms of Keeping People Safe and Protecting Vulnerable People. Two exceptionally varied and broad topics that focusses my mind on what is important for people. Whether it is prevention on the roads, online or in people's homes, Moray Officers, Police Staff, Special Constables and Youth Volunteers will not lose focus in our drive to provide safe environments for communities.

Ordinarily, I would deem the end of November too early to wish people a Merry Christmas and a Happy New Year, but I see no harm at all in extending this now as more than ever, this year is not just about the lead up to one day and the turn of the year. It understandably feels different and more than ever I am taking the time to look around me and look out for people, trying to focus on positive thoughts at a time that may be very challenging for people after an exceptionally challenging year.

Mental and physical health and community wellbeing will have a meaning in the lead up to and during the festive period, as well as into 2021.

Stay safe and have a happy healthy December.

Norman Stevenson

Chief Inspector

# Moray East Community Council Report



This report covers progress we have made in dealing with your priorities for the Buckie and Keith Community Policing Team area during November 2020.

The report aims to highlight emerging issues in your area, and to provide crime prevention advice and guidance to Community Council members and residents you represent. Our focus is to reduce crime and disorder, help create safer communities and respond effectively to local concerns.

## **Local Policing Priorities**

### **Antisocial behaviour, Violence and Disorder:**

#### **BUCKIE**

During November 2020, officers have investigated 4 reported assaults which have occurred in Buckie. Of these, 3 have been detected and will be reported to the Procurator Fiscal. Officers are pursuing a positive line of enquiry into the remaining undetected assault.

On 23 November 2020, officers responded to an attempted robbery at Buckpool Mini Market. Working alongside colleagues from our Criminal Investigations Department, officers identified the 29 year old male responsible for the incident. This male has been charged with the offence and has appeared in court. We would like to take this opportunity to thank the community for their support in helping us bring this offender to court.

During November we have seen an increase in the number of reported vandalisms, 12 in total, and all with the exception of two crimes occurring in Buckie. Of the 10 incidents which occurred in Buckie, two have been detected and the others remain subject of investigation. Of the other two incidents, one occurred on 7 November 2020, at Admirality Street, Portknockie whereby a window was smashed and the other related to damage on Seafield Estate property, this offence has been detected.

#### **KEITH**

Two assaults have been reported this month, one has been detected and the other will be detected following enquiry.

On 12 November 2020, a male entered Ladbrokes, Mid Street, Keith and attempted to rob the premises. Local officers conducted enquiries along with Detectives from the Criminal Investigations Department which resulted in a 64 year old male not from this area being arrested and charged. I would once again like to thank the community of Keith for the support and assistance provided during this investigation.

Officers are making enquiry into a vandalism to a memorial bench situated within the Cottage Woods, Keith, damaged by graffiti.

## **ACQUISITIVE CRIME**

#### **BUCKIE**

A total of 5 dishonesties have been reported during November. Two of these occurred in the Milton Drive and Wallace Avenue are of Buckie and related to unattended items being stolen from gardens.

Two shoplifting have been reported and remain subject of ongoing investigations.

The remaining theft occurred in Deskford whereby power tools were stolen from a secure shed. Whilst this remains undetected, officers continue to investigate and pursue potential lines of enquiry.

#### **KEITH**

Three crimes of dishonesty have been reported. These include the break-in to a business premises at Crossroads, Keith, from where a considerable amount of power tools have been stolen. This break-in is being investigated by Detectives from our proactive Criminal Investigation Department.

## **ROAD SAFETY & ROAD CRIME**

#### **BUCKIE**

One driver has been arrested and charged for driving whilst under the influence of

In two other incidents drivers have been charged with driving without insurance and without an MOT.

#### KEITH

During November, officers in Keith have reported to the procurator Fiscal two drivers for incidents of dangerous driving and one driver with careless driving. These offences have occurred in Keith town centre where residents have previous reported anti-social driving.

#### **Community Engagement & Reassurance**

#### **Community Surgery**

On 3<sup>rd</sup> and 4<sup>th</sup> of December, officers will be visiting communities and setting up Police Scotland Mobile Police Office. This will provide an opportunity for officers to engage with the community address any issues and provide advice. The Mobile Police Office will be at the following locations on the dates and time below.

#### 3 December 2020

1000 – 1130 hours at The Square, Cullen

1300 – 1430 hours at Seafield Terrace, Portknockie

## 4th December 2020

1000 – 1130 hours at Seaview Road, Findochty

1300 – 1430 hours at Stewart Street, Portgordon.

In recent months we have noted in Buckie an increase in theft by shopliftings. In response to this, Officers during November have been patrolling in Buckie town centre engaging with businesses providing advice on crime reduction and information about Neighbourhood Alert Scheme and Business Watch. Moving forward officers will continue to focus upon this issue and support businesses in tackling the challenges faced by shoplifting.

I am pleased to announce that Constable Gordon McKay has transferred to Buckie from Elgin. Constable McKay brings with him not only his 23 years policing experience but also his Police bicycle. Constable McKay will be patrolling on his bicycle in both the Buckie and Keith areas.

Mike McKenzie

Police Inspector

Buckie and Keith Community Policing Team

29 October 2020

# **Moray Central Community Council Report**



This report covers progress we have made in dealing with your priorities for the Elgin Community Policing Team area during the period of September 2020.

The report aims to highlight emerging issues in your area, and to provide crime prevention advice and guidance to Community Council members and residents you represent. Our focus is to reduce crime and disorder, help create safer communities and respond effectively to local concerns.

# **Local Policing Priorities**

## **Antisocial behaviour, Violence and Disorder:**

November has seen seven vandalisms reported to Police which is a slight rise compared to last month. A 43-year-old female and a 22-year-old male were arrested and charged with causing damage to a vehicle on Cathedral Road. Enquiries are ongoing to trace a 17-year-old female who has been identified as responsible for smashing a house window. Three vehicles in separate locations had damage caused to wing mirrors and enquiries are ongoing to trace the suspects. A garden ornament was taken from a garden in Bain Road and found smashed nearby and enquiries are ongoing to identify the youths were responsible.

There were 18 reports of commons assault this month, with 10 detected and reports submitted to the Procurator Fiscal. Enquiries are ongoing into the undetected assaults. A serious assault occurred on Elgin High Street and 16-year-old suspect was charged and reported to the Youth Justice Management Unit.

Reports have been received of groups of youths causing annoyance and disturbances at locations across the town. One of the strands to tackle this issue has led to a focus group being established by the Community Policing Team in conjunction with High School and Academy pupils. Initial conversations have been very productive and we look forward to taking this forward. In relation to drugs activity, a 35-year old-male was arrested and charged after a routine vehicle stop identified him as being under the influence. A drugs wipe at the side of the road confirmed him to be under the influence of cannabis and the male has been reported to the Procurator Fiscal. Throughout the month officers have also recovered cocaine from a 28-year old-male as well as a large quantity of Cannabis and class c drugs from other incidents where locations include Morriston playing fields and the Cooper Park pavilion. Proactive patrols have now been increased in these areas

### **Acquisitive Crime:**

There have been no break-ins for the second month running. Roofing materials were stolen from a builder's yard in Linkwood place and a suspect has been identified. Enquiries are ongoing into three unrelated thefts which have occurred at residential properties. There have been seven reports of theft by shopliftings at commercial premises in the town and all of these have been detected and reports submitted to the Procurator Fiscal.

## **Road Safety & Road Crime:**

During November Police Scotland carried out a week long road safety national campaign which resulted in 30 motorists being reported for several different motoring offences. A 39-year-old female was reported for driving at 80 mph on a 60 mph zone west of Elgin followed then by a 45-year-old male being reported for driving at 94 mph in the same area. Five motorists were also apprehended for driving under the influence of alcohol or drugs and reported to the Procurator Fiscal.

# **Community Engagement & Reassurance:**

Patrols have been stepped up in Elgin to positively engage with youths and deal with any anti social behaviour/annoyance.

On Friday 21 November an ASB operation was carried out working in partnership with Moray Council Social Work Dept.

Officers engaged positively with a large number of youths and seized quantities of cigarettes and alcohol.

Focus groups have been established comprising Community Policing Officers and High School/Academy pupils to listen to needs/concerns and generate positive conversations.

We very much look forward to working together with the young people.







Community Police Officer PC Jamie Dey has been working with Active Sports and Elgin City FC to organise street football sessions for teenagers.

Four dates have have now been confirmed for December with the sessions taking place on the High Street and at New Elgin Primary. Details have been publicised via relevant Twitter/Facebook feeds.

Hot drinks have been supplied by a local coffee chain and each player will receive a prize donated by a local supermarket. Thank you for your support.

Community Officers continue to carry out bicycle patrols around the residential and commercial premises in the town centre and wider industrial estates.

This is a very effective way of patrolling hard to reach areas in the town.





This month the winner of our August Art competition delivered her masterpiece to Elgin Police Station.

This great piece of artwork is now centre stage in the newly refurbished station canteen.

Following information from the public, Community Officers have carried out a number of speed checks on roads across the town.





PC Steph Bayliss has also been on foot patrol addressing parking issues in the streets around the town centre.

At the start of November Community Officers carried out patrols in the town in relation Operation Moonbeam which was initiated to address any issues with fireworks. A number of locations were visited and suitable advice given when required.



Constable Jamie Dey
Inspector Andrew Wilson
Elgin Community Policing Team
01/12/2020

# Moray West Community Council Report



This report covers progress we have made in dealing with your priorities for the Lossiemouth & Fochabers and Forres Community Policing Team areas during the period of September 2020.

The report aims to highlight emerging issues in your area, and to provide crime prevention advice and guidance to Community Council members and residents you represent. Our focus is to reduce crime and disorder, help create safer communities and respond effectively to local concerns.

### **Local Policing Priorities**

#### **Antisocial behaviour, Violence and Disorder:**

#### **Lossiemouth & Fochabers Area**

There have been no incidents of vandalism reported over the period.

There have been 4 assaults reported, including one juvenile assault, two occurring in Lossiemouth, and 1 in Lhanbryde and one in Fochabers. All persons responsible will be reported to the Procurator Fiscal/Youth Justice team accordingly.

There were 6 Domestic incidents reported over the period 3 of which occurred in Fochabers involving an assault, threatening behaviour and a Communications offence and 2 in Lossiemouth involving threatening and abusive behaviour and a Breach of Bail offence. There was 1 incident involving a communications offence reported in Mosstodloch. 2 perpetrators have already been charged and reported and enquiries continue into the remaining incidents.

There were two further incidents in Lossiemouth of males acting in a threatening and abusive manner, both of whom have been charged and a neighbour dispute which resulted in threatening and abusive behaviour in Fochabers.

3 persons have been reported for being in possession of Cannabis and 1 person is being investigated for being in possession of Ecstasy.

Police attended a house party during the period, which resulted in a number of persons being given penalty notices in respect of breaching Coronavirus regulations. Further disorder occurred and relevant charges were libelled against a number of the persons present.

Other reports during the reporting period included an incident of a person being bitten by a dog, and threats made by telephone.

#### Forres Area

There have been 3 reports of vandalism within Forres over the reporting period, including damage to a window at private residence and a spate of vandalisms to 3 cars over a night and damage caused to the wall and an outdoor tap at Applegrove Primary School. There was a report of a car being kicked and damaged during an incident in Alves and a further car was damaged in Dufftown. Enquiries are continuing into these reports.

There have been 6 assaults reported during the period, including 3 juvenile assaults. Those responsible have been reported or are actively being sought in connection with these reports.

There were a further 2 incidents of Police Assault and Resist Arrest incidents. All assaults occurred within Forres.

There was an incident of a juvenile acting in an aggressive and threatening manner, for which he has been reported to the Youth Justice Unit.

There were 4 Domestic incidents, 3 reported in Forres and 1 in Rothes, involving assault, threatening and abusive behaviour and a communications offence. The perpetrators have been reported accordingly.

1 male was arrested and charged in relation to a disturbance where he brandished a knife and broke into a property in Dufftown.

3 males have been arrested and charged in relation to a disturbance at the weekend on school grounds in Rothes. 1 of these males brandished a knife.

#### **Acquisitive Crime:**

#### **Lossiemouth & Fochabers Area**

During the reporting period there were 2 reports of thefts from insecure vehicles in Lossiemouth. There was a report of a person entering a garden with the intention of committing theft and 2 reports of theft by shoplifting, named suspects are being sought.

There was a report of theft of oil from a garden oil tank in Roseisle for which enquiries are ongoing.

1 male was arrested and appeared at court in relation to a housebreaking in Lossiemouth.

2 males were charged and reported in relation to stealing scaffolding from a property in Lhanbryde.

## **Forres Area**

During the reporting period a number of power tools were stolen from premises on Altyre Estate, Forres.

2 insecure bicycles were stolen one from a garden and one from a communal landing, both from Forres and enquiries continue to identify those responsible.

There have been 4 reports of Fraud by different means. 3 of these have variously involved texts and phone calls from persons purporting to be from HMRC, Paypal or other reputable companies and complainers being misled into providing personal banking information or transferring monies. 1 involved an ebay purchase. There was also an attempted extortion involving threats to publish sensitive pictures online, reported during the period

## Road Safety & road crime:

#### **Lossiemouth & Fochabers Area**

During the reporting period there was 1 incident reported in connection with failing to stop/report an accident, at Lossiemouth for which enquiries are ongoing. Drivers have been reported for an incident of careless driving, Lossiemouth A941, Vehicle defects, Lossiemouth and 3 counts of speeding, two at Mosstodloch bypass and one at Muirton Road, Lossiemouth.

Investigation is ongoing into an incident of dangerous driving where a car made off from Police in the Lhanbryde area.

## **Forres Area**

During the reporting period drivers were reported for incidents of Careless Driving at Kinloss, Dangerous Driving at Alves and driving without insurance at Forres.

3 speeding offences were detected at Alves and 1 in Brodie and drivers found driving defective vehicles in the Dallas, Burghead and Forres areas.

Further driving offences of disqualified driving, driving with no insurance and crossing solid white lines were also detected at Brodie.

#### **Community Engagement & Reassurance**

Recently, we have received reports of large numbers of youths gathering at Inchbroom Woods, Lossiemouth and Sanquhar Woods, Forres. We have undertaken patrols with our partners in the Youth Justice Social Work Unit and Youth Engagement Team and engaged with a number of young persons. We have discussed our concerns with them around youth disorder, alcohol misuse and littering issues with them and given advice on how best to keep themselves safe.

Last month we reported on a number of Vishing fraud offences, which involves members of the public (usually the elderly) being targeted by criminals claiming to be from their bank. Further similar frauds have bene reported during this month. In response to this our Community Officer PC MacDonald is running a social media awareness raising campaign, but recognising some of our elderly community may not routinely access any Social Media, she has also been looking for creative ways to reach them, as unfortunately, they are often targeted by such fraudsters.

Leaflets have already been distributed through Wiltshire Farms in Huntly, who provide meals to the elderly across Moray and further leaflets are being distributed across Moray to local GP surgeries, Post Offices, Paper shops and local Pharmacies, including Boots.





PC MacDonald, supported by Trading Standards Officers, has also carried out leaflet drops at local sheltered housing and known residential areas occupied by some of our more senior community members.

Plans are in place, with assistance being provided by some of our Police Scotland Youth Volunteers to roll leaflet drops out wider across Moray.

We have seen a number of Bicycle thefts reported to ourselves. As the popularity of cycling soars, so too do the number of bicycle thefts. Bicycles are often of high value and are viewed by criminals as attractive items to steal as they can be sold on relatively quickly or used in the commission of other crimes. The perpetrators of the crime are often knowledgeable of which bicycles are of highest value and can be easily advertised for sale on sites such as gumtree and Facebook.

Owners are being encouraged to register their bike on the national register. By doing so this assists in the identification of any stolen bike and can assist the Police in increasing the number of any recovered bicycles being returned to their owners. More details can be found under

www.bikeregister.com



Kind regards

Kerry Rigg

Inspector

Lossiemouth & Fochabers and Forres Community Policing Team

# **Suicide Prevention**

In 2018 in Scotland there were 784 deaths by suicide, the rate for male suicide was three times that for females. There were 77 suicides across the NHS Grampian board area in 2018, up from 63 in 2017. 59 of the 77 were men.

The below looks at how you can spot the signs, support the individual and what supports and services you can connect them with.

# Spotting the signs?

How might someone with thoughts of suicide present? What might we see, sense, hear or learn?



A common myth is that people will not talk about their thoughts of suicide but people can and do often talk about thoughts of suicide.

# Asking about suicide?

If you think someone is thinking about suicide you must ask the question. We know this can feel difficult or even scary but it is the best way to open up the conversation about suicide and must be asked.

## How to ask?

The question must be asked in a direct and neutral way.

Try to **avoid** leading questions, for example 'you're *not* thinking of....'

Try to **avoid** asking questions that may be seem to contain judgement, for example 'are you thinking of doing something *silly*'

(The reason for a person to think about suicide may seem trivial or even unimportant but to that person it is life or death)

Try to **avoid** questions that aren't clearly about suicide such as

- Have you thought about what happens when you die?
- Have you ever thought about dying?
- Have you ever thought about hurting yourself?

Try to **ask a neutral and closed question** where the answer can be either 'yes' or 'no' about them taking action to end their own life.

- Are you thinking about suicide?
- Are you thinking about killing yourself?
- Are you thinking about ending your life?

Asking someone who does not have thoughts of suicide about suicide **CANNOT** put the idea in their head. If you think someone may be thinking about suicide **ALWAYS** ask the question.

# Listening

Asking the question must never be asked in isolation and must be followed up. If they answer yes to your question about suicide, then it is important to give them time and space to share their story.

Listening feels like it should be easy but again we know it can be difficult, encouraging a person to talk about their thoughts of suicide is important and helpful.

There is no expectation for you to 'fix' whatever is happening for that person. It is important that we allow a person to talk about their feelings without judgement and direct them towards a suitable support.

# Things to remember

- Try not to make judgement regarding the reason someone may be feeling suicidal, try to focus on how they are feeling rather than the trigger or event that led to them feeling that way.
- Try not to react to behaviours shown when someone is feeling suicidal, try to remember it is again the feeling behind the behaviour that is important.

# **Helpful questions**

- Why do you think you are feeling this way?
- What makes you feel this way?
- How long have you been feeling this way?
- Who else have you told?
- What can we do to help you?
- What support do you think you need?

# Supports available

After we have heard the person's story, it is important that we connect them with someone who can further support or help them. This could be a friend, family member or a service. Given the unprecedented times we are currently living in, many services may be closed or may have changed the way they operate so it is important to have a basic knowledge of local support services and how to access them.

You are not alone in supporting an individual and there are many supports available, both locally and nationally. Whilst it is important to have a basic knowledge of these services, it can be impossible to remember them all. There is an App available that showcases many of them and we'd encourage you to download it. As well as helping with supports available it has information on suicide, myths and facts, tips on having the conversation and how to develop a safety plan.

Type 'Prevent Suicide' into your app provider and download the app now.



# **Other supports**

Although the above App contains a comprehensive list of services available, there may be others that you know of. We also suggest that you explore what supports (professional or personal) the individual currently has, has helped them in the past or who they feel would support them. We encourage engagement with a GP and GP practice. Every GP practice in Aberdeen City has a Community Link Practioner based within the practice. This service offers person centred wellbeing support to be delivered through a dedicated member of staff.

When linking an individual to a service, try to offer a 'warm hand off' where you introduce the person to the service and the service to them, this is likely to encourage more successful engagement compared to handing am individual a leaflet or number.

# Some safety tips

- If you feel an individual is at immediate risk of death or harm to themselves or someone else, phone 999.
- Even a successful intervention can feel stressful and emotional, make sure you debrief with a colleague or manager following any such conversation, the Samaritans also offer a debrief service.
- These times are testing for us all, look after yourself and ensure self-care every day.
- Be kind to yourself and others.